McLouth Elementary Bull Pup Bulletin

October 12, 2009



Together, we learn in a community that promotes academic excellence, respect, lifelong learning and responsible citizenship.

Things to Remember

| Oct. 15 | No school- Parent/Teacher Conference | |
|---------|---|--|
| Oct. 16 | NO SCHOOL | |
| Oct. 19 | SITE Council Meeting 6:30 PM | |

BULL PUPS

| 10/13 | Lanie Wittenberg & Zach Zule | |
|-------|------------------------------|--|
| 10/14 | Tanner Zink & Robbie Lash | |
| 10/19 | Zach Thomas & Levi Thomas | |
| 10/20 | Katie Gill & Anne Gill | |

<u>Picture proofs were sent home</u> <u>today. Orders are due back at</u> <u>school Oct. 21st.</u>

Halloween



Halloween costumes are acceptable on Friday, October 30th. We ask that no gory or bloody costumes be worn to school. Remember that the child needs to be able to see and function as if a normal school day. **The parade will begin** (weather permitting) **at 2:00 pm**. We will be going down the street north of the grocery store, up Union to the bank and then back to the school.

PTO NEWS

Carnival pre sale tickets are available now, 6 for \$1.00. Order forms are available in the elementary office. Pre sale ends 10/19.

We are still looking for help to make the carnival a success for the students. If you can work a game, even for 30 minutes, please e-mail Katherin Jones at <u>katherin.jones@yahoo.com</u>. Any help will be greatly appreciated.

Photos-We are always looking for photos of Elementary and Middle school activities. If you take any, please e-mail them to Katherin at the above address, to possibly be used in the yearbook. As always, thanks for your help.

Fundraiser orders will be delivered and ready to be picked up Oct. 20th from 3:15-7:00 pm in the school cafeteria. Don't forget to attend Parent/Teacher conferences this Thursday, October 15th. If you can not make your scheduled time please call the office at 913-796-6152.

READ READ READ

Keep reading books for AR points. Students will be using their points to shop at the Christmas Bulldog Reading Store. There are a couple of different ways for your child to achieve AR points, so be sure to check with your child's teacher if you are unsure how to attain AR points.

National School Lunch Week Oct.12th -16th

School lunches from the National School Lunch Program are good for kids. School Lunches:

• Meet federal standards based on the "*Dietary Guidelines for Americans*"

• Contain no more than 30 percent of calories from fat and less than 10 percent from saturated fat over the course of one week

- Provide one-third of the RDA of protein,
- Vitamin A, Vitamin C, iron, calcium, and calories
- Are served in age-appropriate portion sizes.

DID YOU KNOW?

Green beans are a great source of Vitamin A, Vitamin C and fiber-that's awesome!

| | Breakfast | Lunch | |
|-------|-------------------|------------------|--|
| 10/13 | Cook's Choice | Cook's Choice | |
| 10/14 | Cook's Choice | Cook's Choice | |
| 10/19 | Breakfast pizza | Chicken | |
| | | sandwich | |
| 10/20 | Pancake sausage | Biscuits & gravy | |
| | stick | | |
| 10/21 | Breakfast burrito | | |

From the Kitchen....