



**McLouth Elementary Bull Pup Bulletin**  
**March 1, 2010**

**Dates to Remember...**

3 / 4	End of 3 <sup>rd</sup> Qtr.
3/5	<b>NO SCHOOL</b>
3/6	PTO Spring Bingo
3/8	Board of Ed. Meeting 7:00 PM
3/9	PTO Meeting, 7:00 PM
3/11	Parent/Teacher Conference
3/11-3/19	No School



3/2	Cameron Pittman & Abby Puckett
3/3	Brody Rice & Tucker Saunders

**KG Round Up 2010-11**  
**March 31<sup>st</sup> & April 1<sup>st</sup>.**

Call the elementary office at 796-6152 to set up an appointment.



**PTO NEWS**

Bingo & taco salad supper Saturday, March 6<sup>th</sup>.  
 Supper starts at 5:00  
 Bingo starts at 7:00

**McLouth Girl Scouts Can Food Drive**

Please donate nonperishable food items to your classroom's food collection box starting Monday Feb. 22<sup>nd</sup> – Thursday March 4<sup>th</sup>. All items collected will be donated to local food pantries within the Jefferson County area. Thank you for your support!

**STATE TESTING**

Just a reminder we are starting state testing. The schedule is on the back of this bulletin.

**VISITORS**

As stated in the Parent/Student handbook " All visitors are required to report to the grade school office immediately upon entering the building. All visitors must sign in and receive a visitor's badge". If you are waiting to pick up your child after school please wait in the school cafeteria and not in the hallways since we still have classes working until 3:15.

**Seven Kid-Friendly Snacks!**

Want to help your kids break the junk food habit? Try offering them these seven healthy snack options recommended by the National Institute of Diabetes & Digestive & Kidney Diseases:

- Fresh fruit.
- Canned fruit in juice or light syrup.
- Small amounts of dried fruits like raisins, apple rings, or apricots.
- Fresh vegetables such as baby carrots, zucchini slices, tomato wedges, or cucumber spears.
- Reduced fat cheese or small amounts of peanut butter on whole-wheat crackers.
- Low-fat yogurt with fruit.
- Graham crackers, animal crackers, or low-fat vanilla wafers.



**From the kitchen...**

	Breakfast	Lunch
3/2	Breakfast pizza	Hamburgers
3/3	Pancakes	Ravioli
3 / 4	Biscuits & gravy	Crispito
3/8	Waffles	Cook's choice

**Word of the Week**

**Paradox**

A paradox is a statement that appears to contradict itself.