

**MS Cross Country Power Pack**  
After School Trip Nutrition Program

\$22.50 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342

Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_ Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 Sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

9/5/19	Shawnee N. Comm	9/26/19	R. Valley
9/12/19	Holton	10/10/19	Eudora
9/16/19	J. Heights		

\*This program is not offered any day we do not have school or for home activities.

Program brought to you by the Bulldog Cafe.  
USDA is an equal opportunity provider and employer.  
Questions contact Cory Sullivan at [sullivanc@mclouth.org](mailto:sullivanc@mclouth.org)

**MS Football Power Pack**  
After School Trip Nutrition Program

\$18.00 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342.

Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_ Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 Sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

9/5/19	JCN
9/19/19	P. Ridge
9/26/19	Oskaloosa
10/17/19	ACCMS

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Questions contact Cory Sullivan at [sullivanc@mclouth.org](mailto:sullivanc@mclouth.org)

**HS Football Power Pack**  
After School Trip Nutrition Program

\$9.00 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342.

Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_ Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 Sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

9/27/19	Silver Lake
10/4/19	West Franklin

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**HS Cross Country Power Pack**  
After School Trip Nutrition Program

\$27.00 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342.

Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_ Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 Sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

9/5/19	Shawnee N. Com.	10/3/19	Horton
9/12/19	Holton	10/12/19	P. Ridge
9/26/19	R. Valley	10/17/19	J. Heights

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**MS Volleyball Power Pack**  
After School Trip Nutrition Program

\$36.00 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342.

I would like to sponsor a student other than my own. \_\_\_\_\_Amount Donated

Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 Sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

9/5/19	JCN	9/21/19	Oskaloosa
9/9/19	ACCJHS	9/26/19	Oskaloosa
9/16/19	JCN	9/30/19	St. Benedicts
9/19/19	P. Ridge	10/5/19	Horton

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**HS Volleyball Power Pack**  
After School Trip Nutrition Program

\$40.50 @ \$4.50 per meal

Return this form with payment to the HS office. Make checks payable to USD 342.

Student Name: \_\_\_\_\_

Food Allergies \_\_\_\_\_

I would like to sponsor a student other than my own. \_\_\_\_\_ Amount Donated

There will be 3 meals provided on a rotating schedule. Unless the coach says otherwise.

Turkey & Cheese Sandwich	Ham & Cheese Sandwich	2 sm or 1 Lg Uncrustables
Fresh Fruit	Fresh Fruit	Fresh Fruit
Veggie Sticks & Ranch	Veggie Sticks & Ranch	Veggie Sticks & Ranch
Chips	Chips	Chips
Cookie	Cookie	Cookie
Cheese Stick	Cheese Stick	Cheese Stick
Propel	Propel	Propel

The following are the dates you are purchasing for.

8/31/19	Wabaunsee	10/5/19	Valley Falls
9/10/19	J. Heights	10/12/19	Riverside
9/17/19	Maur Hill	10/15/19	Valley Falls
9/24/19	JCN	10/22/19	ACCHS
10/1/19	Oskaloosa		

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